

Tips for Securing a Meeting with Your MPP

When requesting a meeting with your MPP, always call first, rather than emailing. You will often be asked to send an email as well—but being able to mention in that email that you already spoke with someone greatly increases the chances that your email will be dealt with promptly.

You should call the MPP's constituency office, **not** their Queen's Park office. A list of all constituency offices is available at the link below. This list is updated regularly:

<https://www.ola.org/en/members/current/contact-information/constituency>

When speaking with a constituency office, keep the following in mind:

- Identify yourself as a **constituent**. You are more likely to secure a meeting if the office knows you are a local resident.
- Be prepared to provide the reasons **why** you are requesting a meeting. Have a draft agenda ready. A good starting point is: "We would like to have a chance to share some of the challenges faced by people living with dementia in [riding name], and present some solutions we think would help".
- Have **3-5** possible dates for the meeting. Keep in mind MPPs are usually in Toronto from Monday to Thursday. If your riding is far from Toronto, consult the parliamentary calendar (in the MPP meeting kit) for dates when MPPs aren't in Toronto, and suggest a meeting on those dates.
- Request a **one hour** meeting, but depending on the MPP's schedule, they may only be able to offer 30 or 45 minutes. Be flexible.
- Offer to meet your MPP at their constituency office, or to host them at your local Alzheimer Society office. Some MPPs will like to schedule back-to-back meetings at their constituency office, while others prefer to be seen out in their community and would appreciate a tour and visit at your Society office.

If you need any help or support with specific meetings, please reach out to Kyle Fitzgerald, Manager, Government Relations with the Alzheimer Society of Ontario: kfitzgerald@alzon.ca, or (905) 259-2991.